



REGULATIONS

1. ORGANIZATION AND GENERAL INFORMATIONS

Leopodistica ASD (Amateur Sports Association), in collaboration with Seniobike ASD and Outdoor & Trekking Store Ravenna-Faenza, organizes on Friday, November 3rd and Saturday November 4th 2023 in Palazzuolo sul Senio (Florence) the 11th edition of "Trail del Cinghiale", a mountain race trail in semi self-sufficiency in water and food with an itinerary in the Apennine environment.

Trail del Cinghiale will take place over four distances:

- 100k: distance of 99 km with a vertical gain of 5770 meters
- 60k: distance of 59,4 km with a vertical gain of 3610 meters
- 33k: distance of 34,1 km with a vertical gain of 1790 meters
- 15k: distance of 14,6 km with a vertical gain of 760 meters

Distances and gradients have been detected using maps of the territory and with the aid of GPS equipment, so there may be differences in measures taken with other equipment due, for example, to calibration differences. All traces have been certified by ITRA (International Trail Running Association).

2. PARTICIPATION REQUIREMENTS

The race is open to all athletes, women and men, born in 2005 or earlier, or athletes aged 18 or older, by the year 2023, for those who want to cover the 15km distance, while all those who want to cover other distances must be born in 2003 or earlier or be at least 20 years old by the year 2023 (as per UISP regulation for competitions longer than of 21.097km).

To participate in the race, experience and knowledge of the mountain environment, especially of the Apennine environment, are required, as well as orientation skills, ability to follow a trail, facing unexpected problems typical of the natural mountain environment (such as a thunderstorm, reduced visibility or darkness, etc.), excellent training and appropriate clothing for temperatures that can range from -10°C to $+20^{\circ}\text{C}$.

It is advisable to have recently taken part to other mountain races with similar characteristics to the one chosen.

"Trail del Cinghiale" will take place in accordance with these regulations and UISP Regulations, and any changes and/or directives adopted by the organization, also last minute ones. Any notice will be available on the website and through the event's social media.

By presenting themselves at the race start, athletes confirm that they are in such physical and mental conditions so that they can face the race; to be documented and aware of the risks and difficulties that the itinerary implicates; to have taken note of the length of the itinerary; that they



are not aware of any previous medical condition, or of injuries, that could put them at risk during the event; to have communicated to the race doctor any health information and/or pathology that could increase the risks during the event.

Athletes accompanied by animals are not allowed.

3. REGISTRATION

Only athletes holding a sports medical certificate for competitive Track and Field can register (**certificates bearing different indications will not be accepted**) valid on the date of the race or at least until November 04th, 2023.

Registrations from athletes who are serving disqualification for the use of doping substances will not be accepted.

Registrations will open on May 2nd, 2023 and will bindingly close on October 26th, 2023 or upon reaching the maximum number of participants (1100 athletes), divided as follows:

- 100km max 150 athletes
- 60km max 250 athletes
- 33km max 400 athletes
- 15km max 300 athletes

Any changes to the total number of athletes and their distribution may be made by the organization at its complete discretion or according to more restrictive rules in force at the date of the event.

Upon reaching the maximum number of athletes, the organization reserves the right to open a waiting list: the methods of accessing this list will be communicated through the event's social media.

Registrations could only be made online by following the instructions that will be published on the event website (www.traildelcinghialerace.com) and on all the organization's social channels.

Participation in the competition implies the unconditional acceptance of these all the regulations above by the athletes.

Teams registration

For team registrations, a request must be sent by email to: iscrizionitraildelcinghiale@gmail.com

4. REGISTRATION FEES

Registration fees for the race at different distances will be available on the event website and summarized as follows:

May 2nd – October 26th 2023	
100k	€ 125,00
60k	€ 75,00
33k	€ 45,00
15k	€ 25,00

Registrations on the day of the race WILL NOT be accepted.



Registration fee includes:

- **Registration costs on the ENDU platform**
- race;
- chip;
- assistance and refreshments along the course;
- race package;
- post-race meal voucher (only for 100km, 60km and 33km race; for the 15 km distance it can be purchased on the day of the race);
- finisher award.

5. WAIVER

In case of impossibility to participate, cancellation request must be submitted by e-mail to iscrizionitraildelcinghiale@gmail.com

Reimbursement methods are as follows:

- cancellation request received by 30/09/2023: refund of 50% of the fee (net of registration and bank costs)
- request received after 30/09/2023: no refund.

Upon the athlete's request, it will be possible to transfer the registration to the next race's edition, if organized, no later than 30/09/2023.

6. RACE CHANGE, REGISTRATION TRANSFER, BIB NUMBER TRANSFER

Moving the registration from one distance to another may be requested by 30/09/2023, and it will be guaranteed only if spots are available:

- if requesting the moving to a greater distance, the athlete will have to pay the remaining amount of the registration fee;
- if requesting the moving to a lower distance, no reimbursement will be applied.

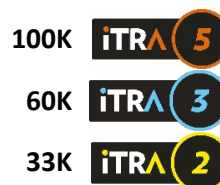
Under no circumstances registration transfers from one athlete to another.

7. BIB NUMBER COLLECTION and MANDATORY MATERIAL CONTROL

The bib number collection operations for all distances will take place at the "bib number collection point" in Palazzuolo sul Senio (FI) on November 3rd 2023 from 3:00 PM to 9:00 PM and on November 4th 2023 for the 60km, 33km and 15km distances, from 4:30 AM to 45 minutes before the starting time of each single race, according to the modalities that will be illustrated on site.

Further information for the collection of bib numbers will be available on social channels when close to the event, in line with the health regulations in force at the time.

It WILL NOT be allowed the pick-up of the bib number and the race pack on behalf of others for athletes participating in the 60km and 100km races.



The pick-up of the bib number and the race pack will be allowed only for athletes participating in the 15km and 30km, ONLY with an authorization form and ID copies of the delegator and the delegate.

Subscribers who do not participate in the race will be able to have their race package collected by other athletes with an authorization form and with ID copy of the delegator and the delegate. Race packages that will not be collected will not be shipped.

When collecting the bib, there will be **the control of mandatory equipment** for athletes racing **100K** and **60K**.

8. MANDATORY EQUIPMENT

By registering in the selected distance race, each athlete undertakes to carry the following mandatory equipment with him/her for the entire duration of the race. The equipment will be checked at the race bib pick-up.

If lacking even one piece of the mandatory material, the bib number will not be handed.

15k	33k	60k	100k	MANDATORY EQUIPMENT
		X	X	Camel bag or water bottle with minimum 1 liter capacity
X	X			Camel bag or water bottle with minimum 0,5 liter capacity
X	X	X	X	Eco-cup or personal glass
		X	X	Waterproof hooded jacket (min 10000 Schmerber)
		X	X	Long sleeved t-shirt (worn or in the backpack)
		X	X	Long pants or a combination of pants that cover for 3/4 the knees and high socks (worn or in the backpack)
X	X	X	X	Trail shoes (A5)
X	X	X	X	Whistle
X	X	X	X	Survival blanket
X	X	X	X	Cell phone with the organization numbers recorded
		X	X	Cell phone with installed the Tracing App communicated by the organization*
	X	X	X	Appropriate amount of food reserve
X	X	X	X	Chip and race bib number (the number must be clearly visible and worn on the front side)
		X	X	Headlamp with spare batteries or two headlamps
X	X	X	X	KIT for first aid (bandage, gauze) or FIRST AID KIT**

The use of poles is allowed. If used, they must be carried for the whole duration of the competition. Checkpoints for mandatory equipment will be arranged throughout the itinerary during the race. Note*: For 15K and 33K races it will be possible to download the tracing app during registration on a voluntary basis.

Note **: the need and contents of any health kit will be confirmed before the race according to the health regulation in force at the time.



9. DEPARTURE TIMES

Departures are scheduled in Palazzuolo sul Senio (FI) in piazza E. Alpi at the following times:

- 100k: Friday, November 3rd at 10:00 PM
- 60k: Saturday, November 4th at 06:00 AM
- 33k: Saturday, November 4th at 08:00 AM
- 15k: Saturday, November 4th at 09:00 AM

Before departure, each athlete must pass under the starting arch to record his departure registration. Checkpoints will be deployed along the course.

10. BRIEFING

Upon collection of the bib number, each athlete will be provided with a document stating the important guidelines to be taken into consideration for the safe conduct of the race.

All athletes must show up in the starting area 15 minutes before the scheduled starting time for their race.

Before the start, both the briefing and a sample check of the mandatory material will take place for the athletes participating in the 33km and 15km races.

11. RACE ITINERARY

The courses will be marked with flags and refractive arrows visible also at night. There won't be any distance markers, therefore it is suggested to properly study the road book prepared by the organization.

Participants must strictly follow the competition itinerary and in case they won't see any sign for 300 meters, they will have to get back on the course path, where they left it.

Leaving the official course itinerary will be at the sole risk and danger of the competitor and it will cause immediate disqualification.

It is strongly recommended to use a GPS device and to follow the racetracks made available to athletes by the organization.

Athletes won't be provided with any printed copy of the route map, roadbook, or track.

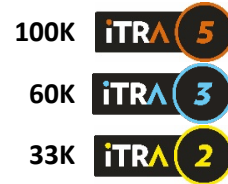
12. MAXIMUM TIME LIMITS AND TIME GATES:

On the courses there are "time gates" which are at the exit of the refreshment point.

For the 100k distance, a time gate will also be set up at the entrance; athletes who arrive at the time gate after the time limit will be stopped and will not be able to continue the race. It is not allowed to get past the time gate and then go back to benefit from the refreshment point.

Below the maximum times and time gates for the different distances:

	MAXIMUM TIME	TIME GATE	TIME GATE	TIME GATE
100k	25 HOURS (by 11:00 PM on 04/11/2023)	Km 40 08:00 AM – IN (after 10h of race) 08:30 AM - OUT	Km 66 03:00 PM - OUT (after 17h of race)	Km 77 04:00 PM - OUT (after 18h of race)



60k	16 HOURS (by 10:00 PM on 04/11/2023)	Km 27 12:00 PM - OUT (after 6 h of race)		
33k	8 HOURS (by 04:00 PM on 04/11/2023)			
15k	5 HOURS (by 02:00 PM on 04/11/2023)			

At the bib number collection, the athletes involved in the 100km distance will be provided with a bag where it will be possible to store spare clothing to use at the aid station at km 40. Athletes must consign their bags in the area that will be specified when collecting the bib number. It's recommended not to leave any valuables inside the bags. The organizers accept no liability for any theft, loss or damage of bags or their contents. Nothing is allowed outside the bags which, in that case, cannot be accepted.

13. REFRESHMENT POINTS

Athletes run in semi-self-sufficiency with the obligation of water supply. Refreshments with solid and liquid foods are planned. Assistance to athletes by family members or teams is not expected.

14. CHANGING ROOMS and SHOWERS

At the end of the race, it will be possible to use changing rooms and showers.

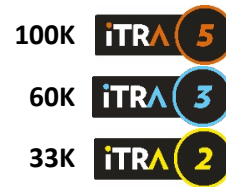
15. BANS AND PENALTIES

The following infractions will lead to a ban:

- failure to pass through a checkpoint
- shortening the race course
- leaving litter along the course
- not providing help to another participant in difficulty
- insults or threats to organizers or volunteers
- refusal to allow the check of mandatory material
- lack of parts of the mandatory material
- leaving some parts of the mandatory material on the route
- inappropriate behavior in compliance with health guidelines
- assistance from third parties (companion, family members, etc.)

16. COURSE OR TIME BARRIERS CHANGES

The organization reserves the right to modify at any time the course or location of the rescue stations and refreshment points, without prior notice.



In the event of bad weather conditions, or for safety reasons, the organization, in collaboration with the judges of the competition, reserves the right to suspend, interrupt or modify the race itinerary or change the time barriers.

Every decision taken by the organization and the jury of the race is unquestionable.

17. RACE CANCELLATION

No refund will be due in case of interruption, suspension, or cancellation of the race due to adverse weather conditions such to put at risk athletes' safety.

In case of a race cancellation due to public order, health reasons or authority's impositions, fees will be automatically transferred to the 2024 edition of Trail del Cinghiale for the same distance.

If the athlete prefers, he or she may request a refund equal to 80% of the amount paid, net of expenses (bank and/or administrative).

As for the transfer of the registration, it will have to be reconfirmed at the opening of registrations for the 2024 edition and anyway no later than 90 days before the starting of the new edition.

18. SECURITY AND CONTROL

Along race courses there will be members of the organization and judges, constantly in contact with the race headquarters. Checkpoints will be set up along the courses to monitor the athletes' passages. Moreover, athletes' recovery service will be active.

In case of any problems, participants must immediately inform about his withdrawal to the checkpoints or to the competition judges.

From the collection points/time gates, a shuttle service will be available to take the withdrawn athletes to the arrival area.

Cell phone coverage is not guaranteed throughout the area.

19. EMERGENCIES or EXCEPTIONAL EVENTS

These Regulations may be updated according to government, CONI and UISP regulations and provisions in force during the period of the competition to guarantee the maximum possible safety for the athletes and volunteers involved in the event.

The changes to these Regulations will be communicated to the registered athletes through the social channels of the event. Participation in the event will be allowed only to athletes in compliance with any provisions in force at the time of the competition.

20. ENVIRONMENT

Trail del Cinghiale has always been attentive to the protection and preservation of the territory and from this edition it supports the ITRA initiative "Be a Green Commitment event".

The race takes place in natural environments and protected ecosystems. Competitors must behave in an environmentally friendly manner, avoiding waste, collecting flowers, or harassing the fauna.

Anyone found to abandon waste along the course will be immediately disqualified from the race and will incur in potential penalties.



To reduce the environmental impact, no plastic glasses will be provided at the refreshment points, so each participant must carry an eco-cup or a glass to fill at the refreshment points.

21. RIZES

There are no cash prizes. Each competitor who will have completed the race within the time limit will receive the "finisher" prize.

The absolute first 3 of each distance will be awarded. Moreover, the first finishers of the following categories in 100km, 60km, 33km and 15km distances will be awarded:

- the first 3 men "under 50"
- the first 3 women "under 50"
- the first 2 men "over 50"
- the first 2 women "over 50"
- the largest group

22. CLAIMS

Any claim, accompanied by a deposit of 100.00 €, must be written and submitted within 30 minutes from the end of the competition and will be evaluated by the organization; in case of acceptance the deposit will be returned.

23. NON COMPETITIVE DISTANCE

During the event, the Organization of the "Trail del Cinghiale" has also foreseen the carrying out of a non-competitive Trail, which will take place on the morning of Saturday November 4th at 9:30 AM. The Trail covers a 10 km itinerary with a positive gain in altitude of 400 m (D+).

Further details and registration information will be notified on the website www.traildelcinghialerace.com and on the event social media.

For participation in the non-competitive Trail it will be **mandatory** to wear **trail shoes** and clothing suitable for the weather conditions of the day.

24. IMAGE RIGHTS

By registering, the participants authorize the organization to use for free, without territorial or time limits, still and moving images that portray them during their participation in the "Trail del Cinghiale".

25. DECLARATION OF RESPONSIBILITY

Registration to the race "Trail del Cinghiale" and the consequent participation in the race implicate the acceptance of this regulation and any of any changes that may occur.

The participant's registration exempts the organizers from any liability, both civil and criminal, for damages to people and/or things caused by or to any athlete.